



4. Distinctives of Monasticism

- lay movement
- led by an abbot
- one year novitiate
- study of scripture
- prayer & fasting
- worship
- periods of silence
- asceticism
- poverty
- chastity
- separation from world
- manual labour
- community

The Salutation of the Virtues by Francis of Assisi

- Holy Poverty destroys
 - the desire of riches
 - and avarice
 - and the cares of this world.
- Holy Humility destroys
 - pride
 - and all the people who are in the world
 - and all the things that belong to the world.
- Holy Charity destroys
 - every temptation of the devil and of the flesh
 - and every carnal fear.



Communal

- Biblical foundation
- Logic
- History



Individual

- Biblical foundation
- Logic
- History
